



# Reducing Ocean Plastic Pollution - Our Plastic Footprint

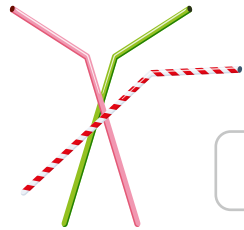
## Recycling



Recycling is not the answer to all our ocean plastic pollution problems but it can help! Identify the plastic items here by writing the name on the line. Check with your local recycling facilities to see if these items are recycled locally. If you can recycle them put a ✓ in the box, if you cannot recycle them put an ✗ in the box next to the picture!




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## Champion challenge:



List five single use plastic items you will stop using today!

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Tell your friends and family what you have decided to stop using and why!

If it can't be recycled locally, where will most of the plastic litter end up?

\_\_\_\_\_

Keep up the good work!  
You are making a big difference  
With your positive actions!

# Reducing Ocean Plastic Pollution - Champions for the Sea



Read this inspiring story and see if you can answer the questions on page 2.

TNN | Dec 3, 2016, 02.05 PM IST

## THE INDIA TIMES

### Mumbai lawyer Afroz Shah to receive top UN environment award for Versova Beach clean-up



Afroz Shah UN Champion of the Earth

NEW DELHI: The largest beach clean-up in the world would be a reward in itself. But for spearheading it, Mumbai-based lawyer Afroz Shah has been named as one of winners of the top environmental honour of the United Nations. Shah will be among those bestowed with the Champions of the Earth award for leading the clean-up of Mumbai's Versova Beach.

Shah will receive the award under the 'Action and Inspiration' category for kick-starting a volunteer campaign to pick up, by hand, all the plastic bags, cement sacks, glass bottles, pieces of clothing, and shoes, that covered the entire 2.5-km stretch of the Versova Beach, even rising many feet high in some places.

The movement grew and grew over the past year and picked up a whopping 4,000 tons of garbage.

"Shah's efforts, and the hundreds of volunteers he's inspired, is a wonderful example of citizen action and reminds the rest of the world that even the most ambitious, global agreements are only as good as the individual action and determination that brings them to life. His outstanding leadership is drawing global attention to the devastating impacts of marine litter," said United Nations Environment Project (UNEP) chief Erik



Solheim, who had joined Shah in the clean-up for a day in October.

"This award is in honour of the hundreds of volunteers who have joined me over the past year to clean up our beach and ocean. I am an ocean lover and feel that we owe a duty to our ocean to make it free of plastic," said Shah as part of the announcement on the UNEP website.

"I just hope this is the beginning for coastal communities across India and the world - we have to win the fight against marine dumping and that involves getting our hands dirty. We humans need to reignite our bond with the ocean and we don't have to wait for anybody else to help us do that," he added.

Shah and his 84-year-old neighbour, Harbansh Mathur, had started picking up garbage off the beach in July 2015. This grew into a movement, with a rising number of volunteers, outliving Mathur.

Source :<http://www.unep.org/championsofearth/laureates/2016/afroz-shah>



# Reducing Ocean Plastic Pollution - Champions for the Sea



## ?? Question Time ????

1. What was the name of the man who started the clean up?  
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2. Why did he want to clean the beach?  
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3. What was the name of the beach?  
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4. How long was the beach?  
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5. How much rubbish was collected?  
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6. What country did this happen in?  
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7. What was the name of the award he won?  
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8. What can we learn from this man's story?  
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9. Do you think you can make a difference like him?  
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10. What would you like to do to make a difference?  
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## Champion Challenge



Pretend you are a journalist write an article with 500 words for the newspaper on a clean up you have heard about or been involved in. Make sure to have a catchy headline and subtitle. Remember to mention important details like what, where, when, who and how. Use this space to develop your headline and facts, then write your article on a new page.

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Inspire others  
Share your story with family & friends!

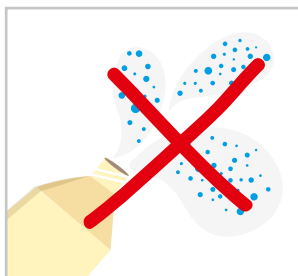



# Reducing Ocean Plastic Pollution

What is the picture telling us to do? Can you help me and write up the advice from the pictures. If you know what it is write it into the box provided under the picture. **Draw your own sign in the large box provided to help us reduce our plastic footprint!**

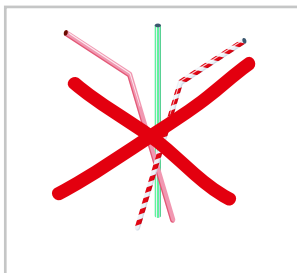













## How many did you get right?

2-3- You are contributing to ocean plastic pollution! Read your booklet again so you know how to reduce your plastic footprint!


3-5- Revise your booklet to make sure you know all the ways you can help





5-6 -Well done you know how to reduce your plastic footprint. Are you doing it every day?

Can you think of other ways to reduce your plastic footprint?

# Reducing Ocean Plastic Pollution

## Can you remember what the R's mean?

 Write underneath each R word three things you think you can do every day to carry out that R. For example: Rethink – 1. Rethink buying sweets individually wrapped! 2. Rethink using soaps with micro beads 3. Rethink balloons that might fly away and end up in the ocean.



## Champion Challenge

- Create a poster to let people know about the R's and how we can help save the ocean and turn the tide on plastic pollution. Give it a catchy title like Turn the Tide or Clean Seas! Show your poster to lots of people so they know how to look after Wisdom's home too! Display it in school or a public space!

*Be the solution to ocean plastic pollution!*

